

# Winter Sports Hall Time Table 1st October - 31st March

**Key:**

- Multi Sports
- Athletics - 60m Track, Shot, Discus and Long/Triple Jump
- Bows
- Kids Activities
- Badminton
- Wheelchair Exclusive Use
- Football
- Netball
- Schools Exclusive Use
- Tennis

| Day       | 9-10am        | 10-11am  | 11-12pm  | 12-1pm   | 1-2pm                        | 2-3pm                        | 3-4pm                        | 4-5pm               | 5-6pm                | 6-7pm                | 7-8pm  | 8-9pm  | 9-10pm   |
|-----------|---------------|--|--|--|------------------------------|------------------------------|------------------------------|---------------------|----------------------|----------------------|--|--|--|
| Monday    | Multi Sports  | Track Card Athletics                               | Multi Sports                                       | Multi Sports                                       | School Athletics             | School Athletics             | School Athletics             | Multi Sports        | Multi Sports         | Slough Junior A.C.   | Multi Sports                                       | Multi Sports                                       | Multi Sports                                       |
| Tuesday   | Multi Sports  | Multi Sports                                       | Multi Sports                                       | Multi Sports                                       | School Athletics             | School Athletics             | School Athletics             | Performance Running | Multi Sports         | Multi Sports         | WSH Club Night                                     | WSH Club Night                                     | WSH Club Night                                     |
| Wednesday | Multi Sports  | Multi Sports                                       | Multi Sports                                       | Multi Sports                                       | School Athletics             | School Athletics             | School Athletics             | Multi Sports        | Slough Juniors A.C.  | Thames Valley Tennis | Track Card Athletics with High Jump and Pole Vault | Track Card Athletics with High Jump and Pole Vault | Track Card Athletics with High Jump and Pole Vault |
| Thursday  | Multi Sports  | Track Card Athletics                               | Multi Sports                                       | Multi Sports                                       | School Athletics             | School Athletics             | School Athletics             | Performance Running | Multi Sports         | Multi Sports         | WSH Club Night                                     | WSH Club Night                                     | WSH Club Night                                     |
| Friday    | Multi Sports  | Track Card Athletics                               | Multi Sports                                       | Multi Sports                                       | School Athletics             | School Athletics             | School Athletics             | Multi Sports        | Future Talent Sports | Multi Sports         | Multi Sports                                       | Multi Sports                                       | Multi Sports                                       |
| Saturday  | Multi Sports  | Slough Junior Athletics                            | Thames Valley Tennis                               | Multi Sports                                       | Slough Junior Athletics Club | Slough Junior Athletics Club | Slough Junior Athletics Club | Multi Sports        | Multi Sports         | Multi Sports         | Closed   | Closed   | Closed   |
| Sunday    | Future Talent | Track Card Athletics with High Jump and Pole Vault | Track Card Athletics with High Jump and Pole Vault | Track Card Athletics with High Jump and Pole Vault | Multi Sports                 | Multi Sports                 | Multi Sports                 | Multi Sports        | Multi Sports         | Multi Sports         | Closed   | Closed   | Closed   |

# Winter Athletics Track Time Table 1st October - 31st March













**Key:**

- Multi Sports
- Athletics - 400m Track, Javelin, Long/Triple Jump
- Bows
- Kids Activities
- Badminton
- Wheelchair Exclusive Use
- Football
- Netball
- Schools Exclusive Use
- Tennis
- Ten College Exclusive Use

| Day       | 9-10am            | 10-11am           | 11-12pm           | 12-1pm            | 1-2pm             | 2-3pm             | 3-4pm             | 4-5pm             | 5-6pm             | 6-7pm             | 7-8pm             | 8-9pm             | 9-10pm            |
|-----------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| Monday    | General Athletics | General Athletics | General Athletics | General Athletics | School Athletics  | School Athletics  | School Athletics  | School Athletics  | School Athletics  | General Athletics | General Athletics | General Athletics | General Athletics |
| Tuesday   | General Athletics | General Athletics | General Athletics | General Athletics | School Athletics  | School Athletics  | School Athletics  | General Athletics | General Athletics | General Athletics | WSH Club Night    | WSH Club Night    | WSH Club Night    |
| Wednesday | General Athletics | General Athletics | General Athletics | General Athletics | School Athletics  | School Athletics  | School Athletics  | School Athletics  | School Athletics  | General Athletics | General Athletics | General Athletics | General Athletics |
| Thursday  | General Athletics | General Athletics | General Athletics | General Athletics | School Athletics  | School Athletics  | School Athletics  | General Athletics | General Athletics | General Athletics | WSH Club Night    | WSH Club Night    | WSH Club Night    |
| Friday    | General Athletics | General Athletics | General Athletics | General Athletics | School Athletics  | School Athletics  | School Athletics  | School Athletics  | School Athletics  | General Athletics | General Athletics | General Athletics | General Athletics |
| Saturday  | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | Closed            | Closed            | Closed            |
| Sunday    | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | General Athletics | Closed            | Closed            | Closed            |

## Summer Athletics Track Time Table 1st April - 31st September




**Key:**

|  |   |
|--|---|
|  Multi-sports |  Athletics - 400m Track, Javelin, Long/Triple Jump |
|  Bowls        |  Kids Activities                                   |
|  Badminton    |  Exclusive Use                                     |
|  Football     |  Schools -   |
|  Netball      |  Eton College Exclusive Use                        |
|  Tennis       |  Eton College Exclusive Use                        |

| Day       | 9-10am            | 10-11am  | 11-12pm | 12-1pm                       | 1-2pm | 2-3pm        | 3-4pm         | 4-5pm   | 5-6pm                             | 6-7pm          | 7-8pm  | 8-9pm | 9-10pm |
|-----------|-------------------|--|---------|------------------------------|-------|--------------|---------------|---|-----------------------------------|----------------|--|-------|--------|
| Monday    | General Athletics |  |         | School Athletics             |       |              | Eton College  |   | Eton College                      |                | General Athletics                                |       |        |
| Tuesday   | General Athletics |  |         | School Athletics             |       | Eton College |               | Performance Running<br>General Athletics including Pole Vault Provision |                                   | WSH Club Night |  |       |        |
| Wednesday | General Athletics |  |         | School Athletics             |       |              | Eton College  |   | General Athletics<br>Eton College |                | General Athletics including Pole Vault Provision |       |        |
| Thursday  | General Athletics |  |         | School Athletics             |       | Eton College |               | Performance Running<br>General Athletics                                |                                   | WSH Club Night |  |       |        |
| Friday    | General Athletics |  |         | School Athletics             |       |              | Future Talent |   | General Athletics                 |                |  |       |        |
| Saturday  | General Athletics |  |         | Slough Junior Athletics Club |       |              |               | General Athletics   |                                   | Closed         |  |       |        |
| Sunday    | Future Talent     | General Athletics including Pole Vault Provision |         |                              |       |              |               |   | Closed                            |                |  |       |        |

## Summer Sports Hall Time Table 1st April - 31st September

**Key:**

|  |   |
|--|---|
|  Multi-sports |  Schools -       |
|  Badminton    |  Kids Activities |
|  Football     |  Athletics       |
|  Netball      |   |
|  Tennis       |   |

| Day       | 9-10am           | 10-11am | 11-12pm | 12-1pm           | 1-2pm | 2-3pm | 3-4pm        | 4-5pm                | 5-6pm            | 6-7pm            | 7-8pm        | 8-9pm     | 9-10pm |              |  |
|-----------|------------------|---------|---------|------------------|-------|-------|--------------|----------------------|------------------|------------------|--------------|-----------|--------|--------------|--|
| Monday    | Multi-sports     |         |         | School Athletics |       |       | Multi-sports |                      | Slough Junior AC |                  | Multi-sports |           |        |              |  |
|           |                  |         |         |                  |       |       |              | Thames Valley Tennis |                  | Members' section |              | Spectator |        |              |  |
| Tuesday   | Multi-sports     |         |         | School Athletics |       |       | Multi-sports |                      | Multi-sports     |                  |              |           |        |              |  |
| Wednesday | Multi-sports     |         |         | School Athletics |       |       | Multi-sports |                      | Slough Junior    |                  | Multi-sports |           |        |              |  |
|           |                  |         |         |                  |       |       |              | Thames Valley Tennis |                  |                  |              |           |        |              |  |
| Thursday  | Multi-sports     |         |         | School Athletics |       |       | Multi-sports |                      | Multi-sports     |                  |              |           |        |              |  |
| Friday    | Multi-sports     |         |         | School Athletics |       |       | Multi-sports |                      | Multi-sports     |                  | Multi-sports |           |        |              |  |
|           |                  |         |         |                  |       |       |              | Multi-sports         |                  | Multi-sports     |              | Spectator |        | Multi-sports |  |
| Saturday  | Slough Junior AC |         |         |                  |       |       |              |                      |                  |                  | Closed       |           |        |              |  |
|           |                  |         |         |                  |       |       |              | Thames Valley Tennis |                  |                  |              |           |        |              |  |
| Sunday    | Multi-sports     |         |         |                  |       |       |              | Closed               |                  |                  |              |           |        |              |  |